July 2025

2025-26 Application for Free and Reduced-price School Meals or Free Milk and Summer EBT

Return to (Portland Middle School):

Children and Adults - Wage Earner or Other Adult Household Member X X X X X X X X X X X X X X X X X X		Accounts	The "Sources of (First & Last Name) Earnings from Work Weekly B-Weekly 2x Month Monthly Annual Child Support/Alimony Weekly B-Weekly 2x Month Monthly Annual	ou and shares income and expenses, even if not related, including roo not receive income. For each Household Member listed, if they do receive income many source, write '0'. If you enter '0' or leave any fields blank, you are certifying the new source, write '0'. If you enter '0' or leave any fields blank, you are certifying the source.	A. Child Income A. Child Income A. Child Income A. Child income Child income Sometimes children in the household earn income. Please include the TOTAL gross income (before taxes and deductions) earned by all Child Household Members listed in STEP 1 here.	STEP 3 Report Income for ALL Household Members (Skip this step if you answered "Yes" to Step 2)		The information.	ree meals. Read How to Apply for Free and Reduced-price School	and children who meet the definition of Homeless or Runaway are elioible for	even if not related.* Children in Foster care	Member: Anyone who is viring with you and shares necessary and expenses	Definition of Household Child's First Name MI Child's Last Name School Gra	f more spaces a	*age 1 Complete one application per household. Please use a pen (not a pencil).
	× × ×		Weakly BHWeekly 2x Month	each Household Member listed, if they do receive income, report total gross income (before taxe ou enter '0' or leave any fields blank, you are certifying (promising) that there is no income to report total gross income to report to the promising of the promisi	(before taxes and			the following Assistance Programs—SNAP or TFA? This does NOT include	Check	all tha	Lit appi	ly	Student? Grade Yes No Foster	e spaces are required for additional names, attach another page.	Application No:
A TOTAL THE STREET, THE PROPERTY OF THE PARTY OF THE PART	ber		bekty 2x Month Monthly Annual	xes and deductions) sport		TRANSPORT	phor in this capacity	NOT include				1	Head Homeless or Start Runaway		

Mailing Address (if available)

Apt#

Town or City

State

Zip

Daytime Phone and Email (optional)

2025-26 Application for Free and Reduced-price School Meals or Free Milk and Summer EBT

Earnings from Work	Public Assistance/Alimony/ Child Support	Pensions/Retirement/ All other sources of income	Examples of income to condition
 Salary, wages, cash bonuses, tips, commissions Net income from self-employment (farm or business) If you are in the U.S. Military: Basic pay and cash bonuses (do NOT include combat pay, FSSA, or privatized housing allowances) Allowances for off-base housing, food, and clothing 	Unemployment benefits Workers' compensation Supplemental Security Income (SSI) Cash assistance from State or local government Alimony payments Child support payments Veterans' benefits	Social Security/Disability (including railroad retirement and black lung benefits) Private Pensions or disability benefits Income from trusts or estates Annutities Investment income Eamed interest Rental income Regular cash payments from outside household	 A child has a regular full or part-time job where they earn a salary or wages A child is blind or disabled and receives Social Security benefits A parent is disabled, retired, or deceased, and their child receives Social Security benefits A friend or extended family member regularly gives a child spending money A child receives regular income from a private pension fund, annuity, or trust

this section is optional and does not affect your children's eligibility for free or reduced-price meals We are required to ask for information about your children's race and ethnicity. This information is important and helps to make sure we are fully serving our community. Responding to SNAP/TFA Household providing proof (must be confirmed by DO) of a handwritten case number Directly Certified (DC) based on State DC List as eligible for: SNAP TFA TOT FM (Free Medicaid) RM (Reduced Medicaid) Date Certified on DC List. The Determining Official (DO) for the school/district MUST complete this section. (Only convert to annual income if there are different frequencies of income listed in Step 3.) ☐ Income Household: Total household income: Race (check one or more): American Indian or Alaskan Native Ethnicity (check one): Hispanic or Latino (A person of Cuban, Mexican, Puerto Rican, South or Central American, or other Spanish Culture or origin, regardless of race) Annual Income Conversion: Weekly X 52 • Every 2 weeks X 26 • Twice a Month X 24 • Monthly X 12 ☐ Reduced-price Meals Signature of DO: School Use Only - Do Not Write Below This Line ☐ Asian Application Denied Household Size: ☐ Black or African American ☐ Foster Child ☐ Confirmed Head Start ☐ Confirmed Homeless or Runaway Native Hawaiian or Other Pacific Islander Error Prone? Yes ☐ Not Hispanic or Latino O No ☐ White

Use of Information Statement

Date Notice Sent:

only approve complete forms. We may share your eligibility information with education, health, and nutrition programs to help them deliver program benefits to your household. from this application to see who qualifies for free or reduced price meals. We can Inspectors and law enforcement may also use your information to make sure that program The Richard B. Russell National School Lunch Act requires that we use information

Please be sure to provide the last four numbers of the Social Security number of the adult Assistance Program (SNAP) or Temporary Assistance for Needy Families (TANF) or Food number. Applications for children in households receiving Supplemental Nutrition household member who signs the application. If the adult does not have one, 'Check if no Distribution Program on Indian Reservations (FDPIR) do not need to list a Social Security Social Security Number'. Applications for a foster child do not need to list a Social Security

get free meals for a foster child, and children who are homeless, migrant, or runaway. Some children qualify for free meals without an application. Please contact your school to

Return completed form to your child's school.

The contact information below is solely to file a complaint of discrimination

prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign reprisat or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with Form which can be obtained online at: https://www.usda.gov/sites/default/files/documents/ad-3027.pdf, from any USDA office, by calling To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600

about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number U.S. Department of Agriculture (833) 256-1665 or (202) 690-7442; or

Washington, D.C. 20250-9410

1400 Independence Avenue, SW

Do not mail applications to this address

only complaints of discrimination.

Office of the Assistant Secretary for Civil Rights

This institution is an equal opportunity provider.

How to Apply for Free and Reduced-price School Meals and Summer EBT

price school meals. Please follow these instructions in order! Each step of the instructions is the same as the steps on the application. If at any time you are not sure what to c children attend more than one school in Portland school districtly. The application must be filled out completely to determine the eligibility of your children for free or reducednext, please contact Maritsa Ellam 860-342-1880 email mellam@portlandctrus. Please use these instructions to help you fill out the application for free or reduced-price school meals. You only need to submit one application per household, even if your

PLEASE USE A PEN (NOT A PENCIL) WHEN FILLING OUT THE APPLICATION AND DO YOUR BEST TO PRINT CLEARLY

Step 1: List ALL children, infants, and students up to and including grade 12....

Who should I list here? When filling out this section, please include ALL members in your household who are: Tell us how many infants/toddlers, children not in school, and school students live in your household. They do NOT have to be related to you to be a part of your household.

- Children age 18 or under AND are supported with the household's income;
- In your care under a foster arrangement, through a court or state/local agency, or qualify as homeless or runaway youth

short for "middle initial." Print the first letter of application if completing electronically) with all attach a second piece of paper (or a second Stop if you run out of space. If there are more child. When printing names, please print clearly. name. Use one line of the application for each A) List each child's name. Print each child's each child's middle name in the "MI" section. This also applies to adults in Step 3. "MI" is required information for the additional children children present than lines on the application, Students attending (regardless of age) [Portland School District]

district. If you marked "Yes," write which children attend school in the the column titled "Student" to tell us grade and mark "Yes" or "No" under name of the school (optional), the B) Is the child a student? List the "Grade" column. the grade level of the student in the

> C) Do you have any foster children? If any children children, after finishing STEP 1, go to STEP 4. to the child's name. If you are ONLY applying for foster listed are foster children, mark the "Foster Child" box next

of your household and should be listed on your place of their parent or guardian. with a state-licensed adult, who cares for the child in application. If you are applying for both foster and nonchild who has been taken into state custody and placed not considered foster children. A foster child is a minor foster children, go to step 3. Note: Adopted children are Foster children who live with you may count as members

Start Program? If you believe any child listed in this section meets this description, mark the "Head Start or D) Are any children homeless, runaway or in a Head district from potentially needing to contact you later. to provide income information now to prevent the school complete an income-based application. You may choose confirmed, then the school district will contact you to the appropriate program staff. If the status cannot Runaway and Head Start status must be confirmed with complete all steps of the application. Homeless, Homeless/Runaway" box next to the child's name and

Step 2: Do any household members currently participate in SNAP or TFA?

If anyone in your household (including you) currently participates in one or more of the assistance programs listed below, your children are eligible for free school meals:

- The Supplemental Nutrition Assistance Program (SNAP)
- Temporary Family Assistance (TFA)

STEP 2 blank and go to STEP 3. in any of the above listed programs: Leave A) If no one in your household participates

- B) If anyone in your household participates in SNAP or TFA:
- number. It is also recommended (but not required) that you submit proof of this SNAP or TFA case number when you submit the application for client ID number, contact your DSS social worker. Note: Do not use a HUSKY Medical Benefits number since this number is not a SNAP or TFA case Write a case number for SNAP or TFA. You only need to provide one client ID number. If you participate in one of these programs and do not know your processing. Proof does NOT include a copy of the CONNECT card
- Go to STEP 4.

Step 3: Report income for all household members

How do I report my income?

Use the charts titled "Sources of Income" and "Examples of Income for Children," printed on the back side of the application form, to determine if your household has income to report

- Report all amounts in GROSS INCOME ONLY. Report all income in whole dollars. Do not include cents
- Gross income is the total income received before taxes.
- Many people think of income as the amount they "take home" and not the total "gross" amount. Make sure that the income you report on this application has NOT been reduced to pay for taxes. insurance premiums, or any other amounts taken from your pay.
- Write a "0" in any fields where there is no income to report. Any income fields left empty or blank will also be counted as a zero. If you write '0' or leave any fields blank, you are certifying (promising) that there is no income to report. If local officials suspect that your household income was reported incorrectly, your application will be investigated
- Mark how often each type of income is received using the check boxes to the right of each field

How to Apply for Free and Reduced-price School Meals and Summer EBT

3.A. Report income earned by children

income if you are applying for them together with the rest of your household. A) Report all income earned or received by children. Report the combined gross income for ALL children listed in STEP 1 in your household in the box marked "Child Income." Only count foster children's

What is Child Income? Child income is money received from outside your household that is paid DIRECTLY to your children. Many households do not have any child income

3.B. Report income earned by adults

Who should I list here? When filling out this section, please include ALL adult members in your household who are living with you and share income and expenses, even if they are not related and even if they do not receive income of their own.

Do NOT include:

- People who live with you but are not supported by your household's income AND do not contribute income to your household
- Infants, children and students already listed in STEP 1.

the name of each household member in the boxes B) List adult household members' names. Print STEP 3, part A. STEP 1 has income, follow the instructions in members you listed in STEP 1. If a child listed in (First and Last)." Do not list any household marked "Names of Adult Household Members

- C) Report earnings from work. Report all income from work in the "Earnings from Work" field on the application. This is usually the money received from working at income. Net income is your income after taxes and deductions have been jobs. If you are a self-employed business or farm owner, you will report your net
- What if I have multiple jobs? List each job separately by entering your name and income from each job on a new line. Add an additional sheet of paper if
- What if I am self-employed? List income from your business as a net amount all the income earned from the sale of any products or services offered your business from its gross receipts (revenue). Gross receipts or revenue are This net amount is calculated by subtracting the total operating expenses of

of your household affects your eligibility for free and reduced-price meals. back and add them. It is very important to list all household members, as the size equal to the number of household members listed in STEP 1 and STEP 3. If there the field "Total Household Members (Children and Adults)." This number MUST be F) Report total household size. Enter the total number of household members in are any members of your household that you have not listed on the application, go

other income. Report all income that applies in the E) Report income from pensions/retirement/all

"Pensions/Retirement/All Other Income" field on

sources in this category? List each source

What if I receive income from multiple

separately by entering your name and income

from each source on a new line. Add an additional sheet of paper if necessary.

> D) Report income from public assistance/child should be reported as "other" income in the next part only report court-ordered payments. Informal but regular payments on the chart. If income is received from child support or alimony, Assistance/Child Support/Alimony" field on the application. Do not support/alimony. Report all income that applies in the "Public report the cash value of any public assistance benefits NOT listed

Number. If no adult household members have a Social Security apply for benefits even if you do not have a Social Security Social Security Number in the space provided. You are eligible to An adult household member must enter the last four digits of their G) Provide the last four digits of your Social Security Number labeled "Check if no Social Security Number." Number, leave this space blank and mark the box to the right

Step 4: Contact information and adult signature

Before completing this section, please also make sure you have read the privacy and civil rights statements on the back of the application. All applications must be signed by an adult member of the household. By signing the application, that household member is promising that all information has been truthfully and completely reported

address, that is okay. Sharing a phone number current mailing address in the fields provided if this A) Provide your contact information. Write your email address, or both is optional, but helps us information is available. If you have no permanent reach you quickly if we need to contact you.

B) Print and sign your name and write today's date. Print the name of the adult signing the application and that person signs in the box "Signature of adult."

C) Mail completed form to Maritsa Ellam 93 High Street Portland CT 06480

DO NOT mail, fax, or email completed applications or questions about applications eligibility for free or reduced-price meals will be delayed to the USDA Office of the Assistant Secretary for Civil Rights or your child's Please return the application directly to your child's SCHOOL.

D) Share children's racial and ethnic identities (optional). On and your response will not affect consideration of your application determining the State's compliance with Federal civil rights laws, not affect your children's eligibility for free or reduced-price schoo your children's race and ethnicity. This field is optional and does the back of the application, we ask you to share information about administered in a nondiscriminatory manner. and may be protected by the Privacy Act. By providing this meals. This information is requested solely for the purpose of information, you will assist us in assuring that this program is