

**PORTLAND BOARD OF EDUCATION  
Policy Subcommittee  
September 11, 2024**

The Portland Board of Education Policy Subcommittee was held via Google Meet.

Attending: Meg Scata, Laurel Steinhauser, Tim Lavoy, Sara McLaughlin, Charles Britton

Call to Order

Meeting was called to order at 1:01pm

New Business

- Title IX Update from Sara McLaughlin
  - Sara updated the committee with information she received from her training this Summer. Language changes will be made to update the definition of protected groups.
- School Climate Policy P5131.914
  - Sara updated us on the Climate policy. Each school has a school climate committee as required with principals at each school heading the school climate efforts. The policy will be sent to the full board for 1<sup>st</sup> reading.

Old Business

- MLL CAFE Model Policy The committee has reviewed the **Parent Bill of Rights for English Learners/Multilingual Learners** . At this time the committee will not pursue a policy or regulation as it is not required,
- Suicide Prevention Policy 5141.5 We will compare the CAFE policy to our BOE policy. See attached documents to be reviewed by the committee.
- Cell Phone Policy P5131.81
  - The cell phone policy was discussed. Committee members agreed that the administrators are working through informing students and parents and implementing protocols as each school. We will review the guidelines for the cell phone policy and the individual results from all administrators in November.
- Search and Seizure Policy P5145 Will be on the next policy Agenda
- Review and Discuss CAFE Policy Updates Will continue to work on these updates.

Adjourn Meeting was adjourned at 2:05 pm

Respectfully submitted:  
Meg Scata

## Students

### Suicide Prevention

The Board of Education recognizes that suicide is a complex issue and that, while the school may recognize a potentially suicidal youth, it cannot make a clinical assessment of risk and provide in depth counseling. Instead, the Board directs school staff to refer students who may be at risk of attempting suicide to an appropriate service for professional assessment, counseling, and treatment services outside of the school.

The Board of Education recognizes the need for youth suicide prevention procedures and will establish program(s) to identify risk factors for youth suicide, procedures to intervene with such youth, referral services and training for teachers, other school professionals and students to provide assistance in these programs.

Any school employee who may have knowledge of a suicide threat, attempt or ideation must take the proper steps to immediately report this information to the building principal or his/her designee who will, in turn, notify the appropriate school officials, the Crisis Intervention Team, the student's family and appropriate resource services outside and within the school system.

In addition, information regarding the 988 crisis line should be made widely available in schools and district offices. Text should note to call 988 if you are in emotional distress and/or you are having suicidal ideations. It should also include that by calling 988, you will be provided with support and connected to resources if needed.

Information concerning a student's suicide attempt, threat, or risk will be shared with others to the degree necessary to protect that student and others.

Legal Reference: Connecticut General Statutes

10 221 Boards of education to prescribe rules, policies, and procedures. (e)  
re "policy and procedures for dealing with youth suicide prevention and youth suicide attempts."

**Policy adopted:**

**R5141.5**

**Students**

**Suicide Prevention**

**Guidelines**

All school district professionals should share with Principals any observations of student behavior which may be related to the possibility of suicide.

The Principal, in turn, has a responsibility to follow guidelines in Board of Education policy and this regulation on suicide prevention. If circumstances indicate actions other than those described, Principals may consult with the designated Student Assistance Team (SAT), Planning and Placement Team (PPT) and/or other appropriate personnel and shall document the circumstances and resulting decisions.

For elementary schools, the term Student Assistance Teams should be replaced with Student Personnel Services Designee or school nurse.

In addition, information regarding the 988 crisis line should be made widely available in schools and district offices. Text should note to call 988 if you are in emotional distress and/or you are having suicidal ideations. It should also include that by calling 988, you will be provided with support and connected to resources if needed.

### **Special Issues in Using Procedures**

- 1. Principal.** Principal shall mean Principal or Principal's designee.
- 2. Communication.** The building Principal shall maintain communication with the Superintendent of Schools concerning all suicide attempts and shall call on the Central Office for advice on how to proceed as such assistance is needed. In turn the Superintendent will keep the Board informed about suicide related issues as appropriate. All communications must be kept confidential.
- 3. Documentation.** All actions taken by school personnel will be carefully documented with factual information, observable behaviors, and actions and placed in the student's supplementary health file. Following an attempt or completed suicide, a daily log of student behavior should be maintained until no longer needed.
- 4. Contagion.** Sometimes a suicide attempt or suicide will trigger other suicide attempts. The best preventive measure against the contagion effect involves careful identification and monitoring of students who may be in a risk category, efforts to reduce glamorization of the suicide, and carefully planned follow up activities.
- 5. Anniversary Dates.** The week, month or year anniversary of the death may trigger a delayed grief reaction or suicide attempts modeled after the first. School personnel should be sensitive to this and intensify student monitoring at these times.
- 6. Support.** Student Assistance Team members should be sensitive to each other's needs for support, and it can also be helpful to have an outside professional available during and following crisis periods to "debrief" the team and offer support to individual members as needed.
- 7. Suicide at School.** Most experts agree it is better to keep students at school where adult support systems are available than to send them home where no adult supervisors might be available to them. Students should only be released to their parents or other responsible adults should they ask to leave school early.

## **General Procedures During School Hours**

School staff who have identified a potentially suicidal student or who have other reason to believe the student is at risk of suicide must immediately bring the student's name to the attention of the Principal or his/her designee even if the student has confided in the staff person and asked the staff person to keep their discussion confidential. In such cases, the staff person would explain that he/she cannot maintain confidentiality under the circumstances.

Appropriate staff members gather background information prior to contacting a student identified with suicidal tendencies - unless there appears to be imminent risk of self-harm. This background check should be done on the same day as the referral and may include:

1. Further discussion with the person who made the referral.
2. Contact with other staff members for data on recent student performance.

At the earliest possible moment following the collection of information, contact with the student will be made to determine the seriousness of the situation.

### **Critical Situation**

The student has the intent to kill himself/herself, a specific plan for how he/she will do it, and immediate access to the method; in addition, he/she exhibits feelings of loneliness, hopelessness, helplessness, and the inability to tolerate more pain.

1. A staff member will stay with the student to offer support. In addition, he/she will explain to the student that someone will be contacting parent(s) because of deep concern.
2. A staff member will notify parents and request that they come to the school immediately. The following points should be covered in the meeting with the parents:
  - (a) The seriousness of the situation.
  - (b) The need for immediate outside professional help.
  - (c) The need for continued monitoring.
  - (d) A request for parent(s) to sign a release of information form for communication between the school and the facility to which the student will be taken, the student's therapist, and other individuals as appropriate.
3. When parents cannot be contacted, or if they refuse to come to the school, and a medical emergency exists, normal procedures will be followed for such emergencies. If parents refuse to come to school, the Principal will explain that the school may be required to file a medical neglect report with the Department of Children and Families. In addition, the Principal may inform parents that the student will not be accepted back into school until a formal mental health evaluation has taken place.

This exclusion will be done in compliance with state regulations and only if it is deemed to be in the best interest of the student.

4. As a follow up, a staff member will contact the family to discuss plans for professional assistance and support to the student, and permission for communications between school and therapist will be requested. A plan of action for in school support and monitoring of the student will be discussed at the next Student Assistance Team meeting.

### **Potential Suicide Situation**

The student has some intent to kill himself/herself and has thought about how he/she would do it. He/she has access to the method but does not have everything in place. Although the student may exhibit feelings of hopelessness, helplessness, and unbearable pain, he/she shows some willingness to accept help. The following action will be taken, the order to be determined by the specific situation:

1. A staff member will explain to the student that his or her parents will be contacted to arrange for professional help and to develop an appropriate support system. The staff member will offer to speak on the student's behalf.
2. The Principal or designees will ask the student to sign an agreement not to harm himself/herself.
3. Following the meeting with the student the Principal or designee will:
  - (a) Convene the Student Assistance Team to plan a course of action.
  - (b) Contact the student's parents to inform them of the seriousness of the situation and request an immediate meeting the same day.
  - (c) Obtain further information from parents concerning the student's mental health history, including therapy and previous suicidal attempts or threats. If the student is currently being seen by a mental health professional, the Principal will ask for parental permission to speak with that professional.
  - (d) Communicate the need for suicidal risk evaluation.
  - (e) If the parent refuses to come to school, the Principal will explain that the school should file a medical neglect report with DCF.
  - (f) As follow up, a team member will contact the family to discuss plans for professional help to the student. The team will meet to develop a plan for in school support.

### **General Procedures After School Hours**

If a staff member has become aware of a potentially suicidal student during after school hours, he/she should consider and decide the following actions:

1. Contact parents.

2. Contact police.
3. Contact student's therapist.
4. Contact 24 hour crisis center.
5. Contact Principal.

### **Students Who Have Attempted Suicide**

#### **1. In school Attempt:**

- (a) The staff person who becomes aware of the attempt will remain with the student and immediately send for the nurse and Principal.
- (b) The nurse and Principal will follow school medical emergency procedures to get immediate medical help for the student.
- (c) Parents will be contacted.
- (d) Principal will refer to the Crisis Intervention Plan and Media guidelines.

#### **2. Out of school Attempt:**

- (a) The staff person who receives information concerning an attempted suicide will immediately contact the school Principal who will verify the information and actions taken by the parents.
- (b) The Principal will determine if the situation warrants informing the faculty.
- (c) If the attempted suicide is causing visible distress among students, a school meeting may be held to identify others at risk with students and discuss concerns.
- (d) The Principal, in conjunction with the Student Assistance Team, will develop a plan to monitor and support high risk students.
- (e) A team member will be assigned to follow up and monitor the student upon his/her return to school.
- (f) As appropriate, information will be shared with Principals of sibling's schools.

Legal Reference: Connecticut General Statutes

10 221(e) Boards of education to prescribe rules.

**Regulation approved:**

## **Students**

### **Suicide Prevention/Intervention**

The Portland Board of Education recognizes that suicide is a leading cause of death among young people and consequently, is a concern to the school system and the community it serves. The Board recognizes that suicide is a complex issue and that while the school may recognize youth that potentially present a risk of harm to self or others, it cannot make a clinical assessment of that risk but will refer the student to an appropriate place for such an assessment and treatment (if needed).

It is the policy of the Board of Education to actively respond in any situation where a student through their actions, verbally, behaviorally, or electronically, indicates an intent to attempt suicide or to harm self or others.

A student who is at risk to be intentionally harmful to self or others, is a student that the school district is concerned about.

It is the policy of the Portland school district to monitor such actions carefully and to provide a school climate that is safe and healthy within which the focus is to help students deal with difficulties and concerns, while at the same time giving due consideration for the student's legal rights and responsibilities.

The intent of this policy is to protect the safety and welfare of the students attending the Portland Public Schools. This intent demands that the school district through its general philosophy and the curriculum focuses on the identification of behaviors that may indicate a student at risk. This in no way limits the district personnel from taking a reactive mode, but makes every effort to focus on a prevention mode through a healthy, positive, productive school climate. The Board of Education recognizes the need for youth suicide prevention procedures and will establish program(s) to identify risk factors for youth suicide, procedures to intervene with such youth, referral services. Training for teachers, and other school professionals to provide assistance in the established programs will be available.

Legal Reference: Connecticut General Statutes

10-221(e) Boards of education to prescribe rules

**Policy adopted: September 2, 1997**

**Policy revised and approved: June 19, 2018**

PORTLAND PUBLIC SCHOOLS

Portland, Connecticut

## **Students**

### **Suicide Prevention/Intervention**

The district recognizes suicide as a leading cause of death among young people and therefore a major concern of the community and the SRBI Team, counselors, nurses and administrators in each school building. The following guidelines, address intervention for suicidal or self-harmful behavior as well as any other high risk behaviors of a student.

When a staff member in the Portland Public School System has knowledge of a situation in which a student in any way expresses suicidal thoughts or actions, expresses in any way thoughts/actions of self-harm or expresses in any way thoughts/actions to harm another, the following actions will take place:

1. Student will remain in near proximity of a staff member at all times.
2. Student will be immediately evaluated by a team consisting of but not limited to School Counselor, School Nurse, School Social Worker, and Administrator. The first staff member to evaluate the student will insure that parent or guardian is contacted and made aware of the situation.
3. When there is evidence of physical injury or self-harm, the immediate medical concern is addressed first with EMS utilized if medical authority deems it necessary.
4. Following the team evaluation, a brief meeting with collaboration of the individual assessments takes place. This meeting will yield a decision to how safely manage the student:
  - . Return to regular school activity
  - . Refer to outside provider
  - . Release to parent to seek immediate evaluation
  - . Contact 211 to further evaluate if student is assessed to be eminent risk
  - . Contact 911 for emergency transport to hospital
  - . Contact 911 for emergency transport with police assistance.
5. Prior to the student's return to school. A collaborative plan will be created that insures any needs the student has can be address while insuring safety for all. This will be reviewed/amended as deemed necessary. Part of this plan will be a SRBI referral.
6. After return to school, the student will connect with either the school or independent social worker in the school to provide counseling that enables continued safety and success.

**Regulation approved: September 2, 1997**

**Regulation revised and approved: June 19, 2018**



PORTLAND PUBLIC SCHOOLS

Portland, Connecticut